



Sheldon High School Mission Statement

Sheldon High School is a place of respect, integrity, and learning. Its mission is to teach students by providing a challenging, comprehensive education that enables them to function as responsible citizens and to adapt to our continually changing world.



School Counselors

Tia Dubé

Counselor for students with last
name starting A-D
687-3622
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Katie Reed

Counselor for students with last
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Michael Voss

Counselor for students with last
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John O'Donoghue

Counselor for students with last
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Aura Solomon

Freshman and Multicultural
Counselor
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Sheldon High School



Counseling Department





Counselor Services

Counselors at Sheldon provide students with academic guidance, personal counseling, and post-high school planning:

Academic Guidance:

- Classroom presentations
- Teacher, student, parent meetings

Personal Counseling:

- Peer Mentor Program and 9th grade transition
- Individual counseling
- Crisis management
- Problem solving
- Referral to mental health counselor / appropriate services

Post-High School Planning:

- Coordinate with Career Center
- Classroom presentations
- Forecasting/ Registration
- College visitations
- Informational evenings for parents and students

Other Counselor Services

- Support Services
- PSAT Coordination
- AP Coordination
- College Visitations
- UO *DuckLink* Contact
- LCC *College Now/RTEC* Contact
- TAG Contact
- Junior Night
- Senior Night
- Financial Aid Night

You can sign up for an appointment with your counselor on the clip-boards at the front office desk. When counselors do not have appointments or are not in meetings you are welcome to meet with them immediately without an appointment.

Counselors treat what you have to say confidentially. What is shared with them stays with them, except in a limited number of situations where they are required by law to report, such as when the counselor believes that someone might be a source of harm to themselves or others, or where there is reason to believe that child abuse is occurring.

Expectations of the Student

1. Really listen when Counselors visit your classroom each year. They will inform, update, and remind you of high school graduation and college admission requirements. Also stay in close contact with your assigned advisor.
2. Check your transcript after each semester or at least once a year. You can make sure you are on track. If you retake a class, make sure to inform your Counselor when you have completed the class so they can adjust your transcript.
3. Check your schedule before school starts each year. If you see mistakes or you want to add classes go to the Scheduling office (Rm C-2) to make changes.
4. Research colleges and scholarships within your junior year. Counselors can get you started & give you ideas.
5. Advocate for yourself. If you find that something is not going well for you or are not sure how to go about something meet with your counselor. They can at least steer you in the right direction.

