

ATHLETIC and RALLY TRAINING FORM - SCHOOL YEAR

(Student's Name)

(Date)

In order to better promote open communication and understanding between families and the 4J athletic program, we are asking you to read this District 4J Athletic and Rally Training Form, discuss it with your son or daughter, sign and return it to your building Athletic Director.

ATHLETIC TRAINING RULES

The following rules apply to high school OSAA sponsored and non-sponsored athletics and rally.

Alcohol/Non-Prescribed Drug/Tobacco Use Rule

The use of alcohol/tobacco/non-prescribed drugs is prohibited. It is the position of the Eugene School District that athletes who are in jeopardy because of a substance abuse problem should receive professional assistance. No student involved in an interscholastic athletic or rally program shall knowingly possess, use, transmit or be under the influence of alcohol, a tobacco product, performance enhancing drugs, inhalants, or controlled substances of any kind (except as prescribed by a medical professional), during the school year, including winter and spring vacations.

Athletes and rally members who voluntarily request assistance from school officials with regard to an alcohol/tobacco/drug use problem and who have not previously committed such an offense, shall receive no discipline provided that:

- (a) The athlete or rally member meets with the school substance abuse counselor or other appropriate professional person and follows his or her recommendations; and
- (b) there are no subsequent incidents of either alcohol/tobacco/non-prescribed drug use.

These training rules are in effect from the first day an athlete or rally member signs this form with the intent to participate in athletics or rally and remains in effect throughout his or her HIGH SCHOOL CAREER. It is in effect 24 hours a day, during the school year, including winter and spring vacations. The following are violations of these rules.

- ò Failure to voluntarily request assistance as described above.
- ò Possession, use or transmittal of alcohol, a tobacco product, performance enhancing drugs, inhalants, or controlled substances.
- ò Determination by a school official that an athlete or rally member has used, possessed, or transmitted alcohol, tobacco, performance enhancing drugs, or controlled substances.

Violations of these rules will subject the athlete or rally member to the following consequences in addition to any other disciplinary action taken by the school.

First Offense in Student-Athlete's school year:

- ò Three weeks suspension from participation in interscholastic athletic competition from the date the school official becomes aware of the possession, use, or transmission. If offense occurs prior to first contest, the three week suspension will begin with the first contest.
- ò The three week suspension for an offense that occurs outside of the athlete's or rally member's sports season, will be served beginning on the date of the first regularly scheduled contest of their next season.
- ò Suspension(s) that occur at the end of a season, and are less than three weeks in length, shall carryover from the participant's next sports season until suspension has been served.
- ò Mandatory meeting(s) with the school substance abuse counselor or other appropriate professional person and a willingness to follow his or her recommendation for treatment. *By agreement of the coach and athletic director, the student athlete or rally member may attend practice sessions.
- ò A PROBATIONARY period of one full calendar year following the three week suspension.
- ò Any subsequent violation during a probationary period shall be considered a second offense.
- ò At the conclusion of the probationary period without a violation, the athlete obtains first time athletic status.

Second Offense:

- ò Suspension for the remainder of the sports season and an additional suspension, if necessary, from the participant's next sports season, until the six week suspension has been served. Suspension from participation in interscholastic competition will be from the date the school official becomes aware of the possession, use, or transmission.

- ò A PROBATIONARY period of one full calendar year following the six week suspension. Any subsequent violation during a probationary period shall suspend individual for one full calendar year.
- ò The six week suspension for an offense that occurs outside of the athlete's or rally member's sports season, will be served beginning on the date of the first regularly scheduled game of the next season.
- ò At the conclusion of the probationary period without a violation, the athlete obtains first time athletic status.

Before any suspension is implemented, the building principal shall follow the notice and grant the opportunity for review as required by the district's Student Rights and Responsibilities Handbook. Athletic directors are responsible for interpreting athletic eligibility rules and providing information to students and parents. An appeal of an interpretation shall be initiated by placing in writing such an appeal with the building principal who refers it to the high school athletic directors for review.

We understand that participation in athletics and rally activities is contingent upon completion of this form.

We have read and understand these training rules and agree to their terms and conditions.

(Student Signature) _____ (Parent Signature) _____

jj 7/7/99 POLICY IS IN FORCE FOR THE ATHLETE'S AND RALLY MEMBER'S CAREER.

 HIGH SCHOOL
ATHLETIC CLEARANCE FORM

INSTRUCTIONS... Carefully read and **circle** yes or no to each of the following questions:

- | | | |
|--|-----|----|
| 1. I currently live with my parent(s) or legal guardian. | yes | no |
| 2. _____ is the only high school I have attended. | yes | no |
| If no, list other high school(s) attended _____ | | |
| 3. The first day I attended high school was, month _____ year _____ | | |
| 4. I have transferred to _____ in the past 12 months. | yes | no |
| 5. I am currently enrolled as a Home School student and/or a private school student. | yes | no |
| 6. I am currently taking at least five (5) credit classes. | yes | no |
| 7. I passed (D or better) at least five (5) classes last semester. | yes | no |
| 8. I am a Foreign Exchange Student. | yes | no |
| 9. I am a fifth (5th) year senior. | yes | no |
| 10. I turned 19 prior to August 15th of this year. | yes | no |

Please Print

Student Name _____

Address _____

City _____ Zip _____ Phone _____

All of the above information is accurate and true to the best of my knowledge.

Parent Signature _____

Student Signature _____ Date _____