

Sheldon Volleyball

June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 VERBAL Commitments made to <u>Julia Girod</u> in office <i>You need to tell her that you plan to play volleyball in the fall</i>	3	4	5	6	7
8	9	10	11	12 Incoming Player Meeting 6:00-7:00pm Sheldon Cafeteria	13	14
15	16	17	18 Last Day for Students	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

2008

July

Sheldon Volleyball

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
29	30 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	1 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	2 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	3 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	4 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	5
6	7 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	8 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	9 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track Veteran's Meeting 6:00-7:00 in Lecture Hall (Returning players & parents)	10 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	11 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	12 Irish Open Fundraiser Tournament
13	14 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track MIDDLE AND GRADE SCHOOL CAMP	15 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	16 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	17 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	18 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	19 KID'S CAMP 10:00-1:00
20	21 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track SPECIALTY SESSION I	22 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	23 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track ROUND ROBIN SEHS/THS 6:00-9:30pm	24 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	25 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	26
27	28 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track SPECIALTY SESSION II	29 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	30 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track ROUND ROBIN @ SEHS Times: TBA 6:00-9:30	31 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	1 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	2

2008

August

Sheldon Volleyball

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track <u>SPECIALTY SESSION II</u>	29 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	30 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track ROUND ROBIN @ SEHS Times: TBA 6:00-9:30	31 WEIGHT ROOM 5:00-6:00 P.M. OPEN GYM 6:00-8:00 P.M.	1 <u>CONDITIONING</u> 8:00-9:00 A.M. Sheldon Track	2
3	4 DEAD WEEK	5 OPEN GYM 6:00-8:00 P.M.	6 ROUND ROBIN @ THS Times: TBA 6:00-9:30	7 OPEN GYM 6:00-8:00 P.M.	8	9
10	11 FALL SPORT REGISTRATION <u>HIGH SCHOOL CAMP</u>	12 FALL SPORT PAPERWORK TURN-IN DAY	13 LAST DAY TO REGISTER!	14	15	16
17	18 TRYOUTS BEGIN 8:00-11:00 AM 1:00-4:00 PM 20 Minute Run	19 TRYOUTS CONT. 8:00-11:00 AM 1:00-4:00 PM Tentative Teams are Formed	20 PRACTICE BEGINS 8:00-11:00 AM 1:00-4:00 PM <u>Cuts will be made</u> Final Teams are Formed	21 PRACTICE 9:00-12:00 noon GDF Poster Pictures Parent Night 6-8 Sheldon Cafeteria	22 PRACTICE 8:00-11:00 AM Team BBQ's No PM practice	23 VARSITY RETREAT Leaving at 8:00am
24 VARSITY RETREAT	25 PRACTICE 8:00-11:00 AM 1:00-4:00 PM JV2 from 3:45-6:00	26 PRACTICE 8:00-11:00 AM 1:00-4:00 PM JV2 from 3:45-6:00	27 PRACTICE 8:00-11:00 AM 1:00-4:00 PM JV2 from 3:45-6:00	28 PRACTICE 8:00-11:00 AM 1:00-4:00 PM JV2 from 3:45-6:00 VARSITY JAMBOREE @THS	29 PRACTICE 8:00-11:00 AM 1:00-4:00 PM JV2 from 3:45-6:00	30 UO vs. UW- VAR

2008

September

Sheldon Volleyball

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
31	1 PRACTICE 3:30	2 CHURCHILL 5:00/6:30	3 PRACTICE 3:30	4 @ JESUIT 5:45/7:00 Dismissal 2:00pm <i>Freshman first day</i>	5 PRACTICE 3:30 <i>School begins</i>	6 UO vs. UTAH ST - JV1 Southridge
7	8 PRACTICE 3:30	9 THURSTON 5:45/7:00	10 PRACTICE 3:30	11 @ LINCOLN 5:45/7:00 Dismissal 1:52pm	12 PRACTICE 3:30	13 <i>JV2 @ SPRINGFIELD</i>
14	15 PRACTICE 3:30	16 PRACTICE 3:30 BYE	17 PRACTICE 3:30	18 SOUTH MEDFORD 5:45/7:00	19 PRACTICE 3:30 Varsity leaves for RVC	20 UO vs. Boise St.- JV2 JV1 @ <u>SPRINGFIELD</u> Rogue Valley Classic
21	22 PRACTICE 3:30	23 @GRANTS PASS 5:45/7:00 Dismissal 1:15pm	24 PRACTICE 3:30	25 ROSEBURG 5:30/7:00	26 PRACTICE 3:30	27 <u>JV1- SHAMROCK INVITATIONAL</u> State Preview
28	29 PRACTICE 3:30	30 @SOUTH EUGENE 5:30/7:00 JV/Frosh BUS- 3:45	<i>1</i> PRACTICE 3:30	<i>2</i> NORTH MEDFORD 5:30/7:00	<i>3</i> PRACTICE 3:30 <i>JV leaves for N Med</i>	<i>4</i> <i>JV2- IRISH INVITATIONAL</i> <i>JV @ N MED.</i>

2008

October

Sheldon Volleyball

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
28	29 PRACTICE 3:30	30 @ SOUTH EUGENE 5:30/7:00 JV/Frosh BUS- 3:45	1 PRACTICE 3:30	2 NORTH MEDFORD 5:30/7:00	3 NO SCHOOL PRACTICE 3:30 <u>JV leaves for N Med</u>	4 JV2- IRISH INVITATIONAL JV @ N MED.
5 Clover Club Games	6 PRACTICE 3:30	7 @ SOUTH MEDFORD 5:30/7:00 Dismissal- 1:10pm	8 PRACTICE 3:30	9 PRACTICE 3:30 Irish Iron Lifting Day	10 NO SCHOOL JV2 leaves for Canby VAR LEAVES FOR BEND 10:00 AM	11 UO vs. UCLA-JV1 JV2 @ CANBY Clearwater Classic
12	13 PRACTICE 3:30	14 GRANTS PASS 5:30/7:00	15 PRACTICE 3:30	16 @ ROSEBURG 5:30/7:00 Dismissal- 2:30pm	17 PRACTICE 3:30	18
19 KIDSPORTS CLINIC Serving 12-3 & 3-5 Regional Sports Center @ 11:30 AM	20 PRACTICE 3:30	21 SOUTH EUGENE 5:30/7:00 SENIOR NIGHT	22 PRACTICE 3:30	23 @ NORTH MEDFORD 5:30/7:00 Dismissal- 1:10pm	24 Var PRACTICE 3:30 Irish Iron LAST DAY <u>UNIFORM</u> <u>CHECK-IN*</u>	25
26	27 VARSITY PRACTICE 3:30	28 VARSITY PRACTICE 3:30	29 STATE PLAYOFFS 1 ST ROUND	30	31	1 STATE PLAYOFFS 2 ND ROUND

2008

November

Sheldon Volleyball

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
26	27	28	29	30	31	1 STATE PLAYOFFS 2 ND ROUND
2	3	4	5	6	7 STATE TOURNAMENT →	8 UO vs. STANFORD- JV2
9	10	11	12	13 <u>TENTATIVE</u> Awards Banquet 6:00-8:00 pm *Varsity uniform check-in	14	15 UO vs. ARIZONA- VARSITY
16 Varsity End of Season Dinner Host TBA	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2008