November 6, 2015
Advisor Lesson Plan

Objectives of Lesson:
- To update four-year plan and profile
- Self-analyze successful learning strategies then discuss

<table>
<thead>
<tr>
<th>Time</th>
<th>30 minutes</th>
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</table>
| Materials| 1) Four year plan and profile  
2) Discussion Questions: Successful Learning Strategies handout |

Learning Process Overview

<table>
<thead>
<tr>
<th>Step</th>
<th>Time</th>
<th>Most important contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hand out files folders</td>
<td>3'</td>
<td>1) Attendance and materials</td>
</tr>
</tbody>
</table>
| Update four-year plan and profile         | 10'  | 1) P.7 Post High School Plans – fill in 10th grade year 
2) P.8 Career Interests and Goals – fill in 10th grade 
3) P.9 Achievements – fill in 10th grade year 
4) P.10 Activities Record – fill in 9th grade activities that may have not been accomplished when this section was filled out last year. Then fill out over the summer and current activities for the 10th grade year |
| Discussion Questions: Successful Learning Strategies handout | 17'  | 1) Individually, have students answer the five questions on the handout using the vocabulary terms on the back for guidance 
2) Discuss each question on the list and have students add strategies to their own answers 
3) **Advisor choice**: have students keep handouts or place in file folder depending if you want to revisit this later in the year |
Discussion Questions: Successful Learning Strategies

1. What does it mean to be a successful learner?

2. What are some strategies you use to learn?

3. How would you describe your learning style?

4. How can you apply a sports model of practice to improve your ability to study and learn?

5. Explain how you can improve your study habits this school year.
Related Vocabulary

**success**: the achievement of something desired, planned or attempted

**learner**: one who gains knowledge, comprehension, or mastery of something through experience or study

**strategy**: a plan of action intended to accomplish a specific goal

**learning style**: the way in which someone learns

**multiple intelligence**: the ability to acquire and apply knowledge in more than one area, especially toward a purposeful goal

**practice**: to do or perform something repeatedly in order to acquire knowledge or learn a skill

**model**: to display behavior for someone else

**study habit**: a pattern of behavior when studying